

FREE FAMILY EDUCATION OPPORTUNITY

Fridays* on March 2, 2012
12:30 - 3:00 p.m.

Yakima Valley System of Care
32 N 3rd Street, Yakima
Suite 410 (4th Floor)

*Classes will meet for six consecutive Fridays

What is NAMI Basics?

NAMI Basics is an education program for parents and other caregivers of children and adolescents living with mental illnesses. The NAMI Basics course is taught by trained teachers who are the parent or other caregivers of loved ones who developed a mental health disorder during childhood or adolescence.

All instructional materials
and other expenses
are FREE to participants

Space is limited
To Register
509.453.8229
info@namiyakima.org
www.namiyakima.org

Program Made Possible Through
the Generous Support of:



United Way of Central Washington



National Alliance on Mental Illness



NAMI

Basics



*The fundamentals of caring
for you, your family and
your child with mental illness*

 **NAMI** | Yakima
National Alliance on Mental Illness