

FREE LEADERSHIP TRAINING OPPORTUNITY

Saturday and Sunday
December 10th and 11th, 2011
10 am - 5 pm
Red Lion Hotel, Yakima

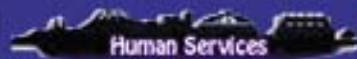
GROUP FACILITATION TRAINING

NAMI Yakima is expanding our network of groups for those impacted by mental health disorders here in Central Washington! If you care about someone with a mental illness and/or have an illness yourself, we would LOVE to have you join us as a peer group leader! NAMI Yakima provides the training and other support that lets you give the gift of your own journey in support of helping others!

**Thanks to the support and dedication
of our funders,
all instruction, materials, meals
accommodations and other expenses
are FREE to participants**

Space is limited
To Register
509.453.8229
info@namiyakima.org
www.namiyakima.org

Program Made Possible Through
the Generous Support of:





**Information and Application
NAMI Yakima Group Facilitators**

**Upcoming Facilitator Training:
Saturday, December 10 and Sunday, December 11 2011
10 am – 5 pm
Red Lion Hotel, Yakima**

Please complete the following application to apply for NAMI Yakima volunteer group facilitator positions. We are so grateful for your interest and look forward to working with you! If you have questions, please contact the NAMI Yakima office at 509.453.8229 or via email at info@namiyakima.org

Applications should be returned ASAP to:

NAMI Yakima
Attn: Melissa Sanchez, Program and Outreach Manager
PO Box 10918
Yakima, WA 98909

Return via email to: info@namiyakima.org



NAMI Yakima Volunteers Volunteer Norms and Job Descriptions

NAMI Yakima has enjoyed a long, rich history of volunteer-driven passion, vision and service. The organization's volunteers are its lifeblood, and their close working relationship with agency staff allows the agency to continue to work toward the deeper, more far-reaching fulfillment of its mission of serving families impacted by mental illness throughout Central and Eastern Washington.

Volunteer Norms & Expectations:

- Know that your gifts and contributions are NECESSARY, APPRECIATED AND INVALUABLE.
- Be as reliable as possible, as often as possible: Keep scheduled meetings, appointments, office hours or other time-specific projects. Notify the Executive Director and/or other agency staff as soon as possible if unavailable for a given activity.
- Maintain attitudes and standards akin to a conventional, paid working environment.
- Communicate your expectations, needs and experiences openly and frequently.
- Bear in mind that your actions reflect on NAMI Yakima. Commit toward furthering NAMI Yakima's mission of support, education, and advocacy through your volunteer service.
- Treat the NAMI Yakima office and/or other NAMI Yakima program sites as a volunteer workplace. Limit personal phone calls, emails, Internet browsing and other non-NAMI projects when in the NAMI Yakima office.
- **Maintain strict confidentiality.** Conversations had, contact information gathered or related information must not leave the office or the context of your volunteer experience with NAMI Yakima.
- Expect job descriptions, training opportunities and ongoing support from NAMI Yakima staff and other volunteers.
- Participate in volunteer survey, evaluation and other tools designed to enhance your volunteer experience and further the development of the organization.
- And most important ... Share your expertise. Impact other people's lives. Celebrate wellness and recovery. Have fun!

Group Facilitator(s) Job Description

NAMI Yakima support and networking group facilitators are trained volunteers who provide facilitation services for the organization's groups. NAMI Yakima underwrites training costs, program fees, and ongoing support needs for group facilitators.

Expectations of support group facilitators include:

- Facilitators should be NAMI Yakima members. Membership dues start at just \$5 per year.
- Facilitators should have some lived peer experience relative to leading a NAMI group – either as a family member, person with a mental illness, friend, or some combination thereof.
- Reliability – Given the nature of leading a support group, facilitator reliability is a key component for success. Notify the Executive Director and/or other agency staff as soon as possible if unavailable for a given activity



- A minimum one-year commitment to support group facilitation
- A close, ongoing relationship with the Executive Director, other staff, or designated volunteers
- Open, honest communication as to support group happenings, needs and related issues
- Any records or information gathered in support group settings is the property of and subject to strict confidentiality and is to be shared and when necessary, housed in the NAMI Yakima office.

The next group facilitator training is scheduled for Saturday, December 10, and Sunday, December 2011 from 10am – 5 pm., both days. New group leaders should attend this training, make alternative arrangements for an individual training orientation, and/or demonstrate previous training or skills necessary to lead a NAMI Group.



APPLICATION

NAMI Yakima Volunteer Program – Group Facilitator

Date: _____

Name: _____

Occupation (if retired or not currently employed, please indicate former occupation, if any):

Home Address:

Email Address:

Telephone:

Home _____ Business/Cell _____

Professional/Community Activities:

Have you ever had involvement with person(s) who have mental illness:

___ Yes ___ No



If yes, what has been your personal and/or professional involvement? (Please check all that apply.)

- I have a mental illness. (I am a mental health peer or consumer)
- I am a family member or close friend of someone with mental illness.
- I am a professional who works with those with mental illness.
- I am an interested community member who would like to learn more about mental health.
- Other:

How did you learn of this opportunity?

Describe why you are interested in assisting with group facilitation at NAMI Yakima:



Do you have your own transportation? Yes No

Public Transportation? Yes No

Are you willing to travel? Yes No

If yes, how far: 5-10 miles 11-20 miles More than 20 miles

What language(s) other than English do you speak fluently?

Availability to facilitate NAMI groups (Please check all that apply):

I am interested in helping to lead (Please check all that apply.)

- A group for family, friends, and caregivers of youth with mental health disorders.
 - A group for family, friends and caregivers of adult with mental health disorders.
 - A peer recovery group for adults with mental health disorders.
 - A peer recovery group for youth (ages 15 – 19) with mental health disorders
 - Other:
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Please list two (2) personal and/or professional references:

	Name	Phone	Reference Type (personal/professional)
Reference 1	<hr/>		

Reference 2	<hr/>		
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Applicant Signature: _____ Date: _____